

# university of cincinnati athletic training

University of Cincinnati Athletic Training: A Pathway to Excellence in Sports Medicine

**university of cincinnati athletic training** represents one of the premier programs blending academic rigor with hands-on experience in the field of sports medicine and athletic health care. Whether you are a prospective student exploring career options or an athlete seeking exceptional care, understanding what the University of Cincinnati (UC) offers in athletic training can provide valuable insights into this dynamic and rewarding field. From its comprehensive curriculum to its state-of-the-art facilities and clinical partnerships, UC's athletic training program prepares students to become skilled professionals equipped to support athletes' health and optimize performance.

## What Sets University of Cincinnati Athletic Training Apart?

When discussing athletic training education, University of Cincinnati stands out due to its strong emphasis on evidence-based practice and experiential learning. The program integrates classroom instruction with real-world clinical experiences, allowing students to apply theoretical knowledge in practical settings. This approach ensures that graduates not only understand the science behind injury prevention and rehabilitation but can also confidently implement strategies in diverse environments.

## Accredited Program with a Focus on Professional Readiness

UC's athletic training program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE), a marker of quality and adherence to national standards. This accreditation guarantees that students receive education aligned with current industry expectations. The curriculum is designed to cover a broad spectrum of topics, including anatomy, physiology, biomechanics, therapeutic modalities, and injury assessment techniques. Such a thorough foundation prepares students for the Board of Certification (BOC) exam, a crucial step toward becoming a licensed athletic trainer.

## Cutting-Edge Facilities and Resources

One of the unique advantages of pursuing athletic training at the University of Cincinnati is access to top-tier facilities. The campus is home to specialized labs equipped with the latest technology in sports science, rehabilitation, and injury management. Students benefit from tools such as motion analysis systems, ultrasound equipment, and strength testing devices that simulate real-world clinical scenarios. These resources enhance learning and foster a deeper understanding of athlete care and performance optimization.

# **Clinical Experiences and Partnerships: Learning Beyond the Classroom**

A critical component of university of cincinnati athletic training is the extensive clinical education students receive. UC has established partnerships with a variety of healthcare providers, professional sports teams, and collegiate athletic programs. These affiliations allow students to gain experience in settings ranging from high school athletic departments to major league sports organizations.

## **Hands-On Training Across Multiple Settings**

Students rotate through different clinical sites, working alongside certified athletic trainers, physical therapists, and other healthcare professionals. This exposure is invaluable for understanding the diverse needs of athletes and patients, from acute injury management on the sidelines to long-term rehabilitation plans. It also helps students develop essential soft skills such as communication, teamwork, and critical thinking.

## **Mentorship from Experienced Professionals**

In addition to hands-on experiences, the program emphasizes mentorship. Faculty members and clinical instructors are seasoned professionals dedicated to guiding students through their academic journey and career development. Their insights into current trends in sports medicine, research opportunities, and career pathways enrich the learning environment and inspire students to pursue excellence.

## **Career Opportunities in Athletic Training After UC**

Graduates of the university of cincinnati athletic training program are well-equipped to enter a variety of professional fields. Athletic training skills are in demand not only within sports teams but also in healthcare clinics, rehabilitation centers, military settings, and corporate wellness programs. The versatility of this training opens doors to many fulfilling career paths.

## **Preparing for Certification and Licensure**

One of the primary goals of UC's program is to prepare students for the BOC certification exam. Passing this exam is essential for practicing as a certified athletic trainer. The program's comprehensive curriculum and clinical hours ensure that students have the knowledge and experience needed to succeed. Additionally, graduates often pursue state licensure, which allows them to practice legally within their jurisdiction.

## **Expanding Roles in Healthcare and Sports**

Athletic trainers today play an increasingly vital role in multidisciplinary healthcare teams. Beyond preventing and treating sports injuries, they contribute to wellness promotion, emergency care, and chronic disease management. University of Cincinnati's emphasis on interprofessional education prepares graduates to collaborate effectively with physicians, physical therapists, nutritionists, and other healthcare providers.

## **Tips for Prospective Students Interested in Athletic Training at UC**

If you're considering applying to the university of Cincinnati athletic training program, there are several key points to keep in mind to maximize your success and experience.

### **Build a Strong Foundation in Sciences**

Athletic training is grounded in biology, anatomy, and kinesiology. High school or college courses in these areas will give you a solid base for the rigorous coursework at UC. Developing good study habits early on will help you manage the program's demands.

### **Gain Relevant Experience Early**

Volunteering or working as a student athletic trainer or in a related healthcare setting before applying can strengthen your application and clarify your career interests. This exposure also helps develop essential skills like patient communication and emergency response.

### **Engage Actively in Clinical Opportunities**

Once admitted, take full advantage of the clinical rotations and internships offered. Seek diverse experiences to broaden your perspective and build a professional network. Don't hesitate to ask questions and learn from every opportunity.

## **University of Cincinnati Athletic Training: A Launchpad for Future Leaders**

The University of Cincinnati athletic training program not only equips students with technical expertise but also fosters leadership and innovation. Through research projects, community outreach, and participation in professional organizations, students grow into

well-rounded practitioners ready to contribute meaningfully to the field.

UC's commitment to advancing sports medicine and athletic health care ensures that its graduates are prepared to meet the evolving challenges of athletic training. Whether working with elite athletes or community programs, these professionals carry forward a legacy of excellence rooted in education, experience, and passion.

Embarking on the journey with University of Cincinnati athletic training means joining a vibrant community dedicated to improving lives through science, care, and teamwork. It's an inspiring place to learn, grow, and make a real impact in the world of sports and beyond.

## **Frequently Asked Questions**

### **What athletic training programs are offered at the University of Cincinnati?**

The University of Cincinnati offers a Bachelor of Science in Athletic Training, which prepares students for careers in sports medicine and rehabilitation.

### **Is the University of Cincinnati's Athletic Training program accredited?**

Yes, the Athletic Training program at the University of Cincinnati is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).

### **What clinical experiences are included in the University of Cincinnati Athletic Training curriculum?**

Students participate in hands-on clinical experiences at various sports venues, clinics, and healthcare settings, including working with university athletic teams.

### **What are the admission requirements for the University of Cincinnati Athletic Training program?**

Applicants typically need a strong academic record, completion of prerequisite courses, and a demonstrated interest in athletic training through observation or volunteer experience.

### **Does the University of Cincinnati offer graduate programs in Athletic Training?**

Yes, the University of Cincinnati offers a Master of Athletic Training program designed for students pursuing advanced training in the field.

## **What career opportunities do graduates of the University of Cincinnati Athletic Training program have?**

Graduates can work as certified athletic trainers in settings such as universities, professional sports teams, clinics, hospitals, and rehabilitation centers.

## **Are there internship opportunities available for Athletic Training students at the University of Cincinnati?**

Yes, the program includes internships and clinical rotations that provide real-world experience under the supervision of certified professionals.

## **What facilities support the Athletic Training program at the University of Cincinnati?**

The university provides state-of-the-art athletic training clinics, labs, and access to NCAA Division I sports teams for practical training.

## **How does the University of Cincinnati support Athletic Training students in certification preparation?**

The program offers coursework aligned with the Board of Certification (BOC) exam and provides resources such as review sessions and tutoring to help students prepare.

## **Can students at the University of Cincinnati combine Athletic Training studies with other disciplines?**

Yes, students have opportunities to take interdisciplinary courses and may pursue minors or dual degrees to complement their Athletic Training education.

## **Additional Resources**

University of Cincinnati Athletic Training: A Comprehensive Insight into Excellence in Sports Medicine Education

**university of cincinnati athletic training** stands out as a prominent program that blends rigorous academic standards with hands-on clinical experience. As the demand for qualified athletic trainers grows nationwide, the University of Cincinnati (UC) has positioned itself as a leader in preparing students for the multifaceted challenges of sports medicine and injury prevention. This article delves into the structure, curriculum, clinical opportunities, and overall reputation of the university's athletic training program, providing an analytical perspective for prospective students, educators, and sports professionals.

# Overview of the University of Cincinnati Athletic Training Program

The University of Cincinnati offers an accredited Athletic Training program through its College of Allied Health Sciences, designed to meet the standards set by the Commission on Accreditation of Athletic Training Education (CAATE). This accreditation ensures that students receive education aligned with the latest industry practices and regulatory requirements, preparing them for the Board of Certification (BOC) examination.

The program is structured to emphasize a balance between theoretical knowledge and practical skills. Students engage in coursework that covers anatomy, physiology, biomechanics, nutrition, injury prevention, and rehabilitation techniques. Complementing the classroom experience, the program mandates extensive clinical rotations in diverse settings such as collegiate sports, high schools, hospitals, and outpatient rehabilitation clinics.

## Curriculum and Academic Rigor

The academic framework of the University of Cincinnati athletic training program is comprehensive, spanning foundational sciences to applied clinical practices. The curriculum integrates:

- **Basic Sciences:** Courses in human anatomy, physiology, and kinesiology lay the groundwork for understanding the human body's response to injury and exercise.
- **Clinical Skills:** Students learn assessment techniques, emergency care, therapeutic modalities, and rehabilitation exercises.
- **Professional Development:** Ethics, communication, and healthcare management are covered to prepare students for real-world challenges.
- **Research and Evidence-Based Practice:** Emphasis on critical appraisal of literature and application of research to clinical decision-making.

The program's curriculum is designed not only to prepare students for certification but also to foster critical thinking skills vital for adapting to the evolving demands of athletic training.

## Clinical Experience and Fieldwork

One of the defining features of the University of Cincinnati athletic training program is its emphasis on immersive clinical experiences. Students participate in supervised fieldwork across a range of environments, which is essential for developing practical skills and

professional confidence.

Clinical placements include:

- **University Athletics:** Working with UC's Division I sports teams provides exposure to high-performance athletes and complex injury management scenarios.
- **Community Settings:** Students gain experience in local high schools, enhancing their ability to address adolescent athlete needs.
- **Healthcare Facilities:** Rotations in hospitals and outpatient clinics allow students to understand injury treatment beyond sports contexts.

These varied experiences ensure that graduates are well-rounded practitioners capable of managing acute injuries, chronic conditions, and rehabilitation programs.

## Comparative Analysis with Peer Institutions

When evaluating the University of Cincinnati athletic training program alongside other CAATE-accredited programs, several distinguishing factors emerge. UC's integration within a large research university offers students access to advanced resources and interdisciplinary collaboration, which some smaller institutions may lack.

For example, compared to programs at state universities with limited clinical affiliations, UC benefits from its urban setting and proximity to multiple healthcare systems. This access translates into diverse clinical placements and exposure to a broad patient demographic.

However, programs at universities with a longer history in athletic training education might offer more extensive alumni networks or specialized research opportunities. Prospective students should weigh these factors alongside UC's strengths in clinical diversity and academic rigor.

## Faculty Expertise and Research Opportunities

The athletic training faculty at the University of Cincinnati comprises seasoned professionals with backgrounds spanning clinical practice, research, and education. Faculty members actively contribute to sports medicine literature and maintain involvement in professional organizations such as the National Athletic Trainers' Association (NATA).

Research opportunities are available for students interested in exploring topics like injury prevention strategies, concussion management, and rehabilitation protocols. Participation in faculty-led studies enhances students' understanding of evidence-based practice and may give them a competitive edge in the job market or advanced academic pursuits.

# Career Prospects and Certification Success

Graduates of the University of Cincinnati athletic training program are well-equipped to pursue certification through the Board of Certification (BOC), a mandatory credential for practicing athletic trainers in most states. UC boasts a strong pass rate on the BOC exam, reflecting the program's effective preparation.

In terms of career outcomes, alumni find employment in a variety of settings including:

- Collegiate and professional sports organizations
- Secondary schools and youth sports programs
- Rehabilitation clinics and hospitals
- Military and industrial sectors

The program's comprehensive training ensures graduates can adapt to diverse roles, from direct patient care to health promotion and injury prevention initiatives.

## Strengths and Areas for Improvement

Among the notable strengths of the University of Cincinnati athletic training program are its:

- Accreditation and adherence to CAATE standards
- Robust clinical experiences in varied environments
- Qualified faculty with active research portfolios
- Strong performance on certification exams

Conversely, potential areas for enhancement might include expanding specialized coursework in emerging fields such as sports analytics or telehealth applications in athletic training. Additionally, increasing partnerships with professional sports teams could further elevate clinical exposure.

## Conclusion

The University of Cincinnati athletic training program exemplifies a well-rounded,

professionally oriented education in sports medicine. Through its rigorous curriculum, diverse clinical placements, and dedicated faculty, the program prepares students to meet the evolving demands of athletic training careers. While it faces competition from other established programs, UC's unique blend of academic resources and practical experience ensures its graduates remain competitive and competent in the field. For those seeking a comprehensive athletic training education with strong certification outcomes, the University of Cincinnati represents a compelling choice.

## **University Of Cincinnati Athletic Training**

**university of cincinnati athletic training:** *Athletic Training* , 1990

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**university of cincinnati athletic training:** Dance Anatomy Jacqui Haas, 2017-11-29 Experience the raw energy and aesthetic beauty of dance as you perfect your technique with Dance Anatomy. Featuring hundreds of full-color illustrations, Dance Anatomy presents more than 100 of the most effective dance, movement, and performance exercises, each designed to promote correct alignment, improved placement, proper breathing, and prevention of common injuries. The exercises are drawn in stunning detail, capturing the dancer in motion and highlighting the active muscles associated with each movement so you can develop and strengthen different areas of the body. You will clearly see how muscular development translates into greater poise and elegance on the stage. Each chapter addresses a key principle of movement to help you improve performance, beginning with the center of the body, where dance begins. You will learn exercises to target specific areas, such as shoulders and arms, pelvis, and lower legs to enhance flexibility and ensure safety. You will also discover more efficient ways of improving your lines and technique by implementing a supplementary conditioning program that takes into account your changing cycles of classes, practices, and times of rest. Regardless of your ability level or dance style, Dance Anatomy will help you master the impeccable balance, intense muscular control, and grace to prepare you for your next leading role!

**university of cincinnati athletic training: Dance Anatomy** Jacqui Greene Haas, 2024-03  
Dance Anatomy, Third Edition, is a visually stunning presentation of more than 100 dance, movement, and performance exercises to promote correct alignment, improved body placement, proper breathing, and management of common injuries.

**university of cincinnati athletic training: Dance Injuries** Jeffrey A. Russell, 2024-11-04  
Across dance genres, the rigors of training and performing can take a toll on a dancer's mind and body, leading to injuries. Dance Injuries: Reducing Risk and Maximizing Performance With HKPropel Access presents a holistic wellness model and in-depth coverage of how to reduce the risk of injury in dance and how to care for injuries properly when they do occur. Written by an international team of experts in the dance medicine and science field, including physicians, athletic trainers, physical therapists, researchers, and dance educators, Dance Injuries provides an overview of common dance injuries across a wide variety of dance styles. From their extensive work with dancers, the authors provide valuable insight into minimizing dance injuries to maximize dancer longevity. The text offers practical ways to reduce the risk of dance injuries. Conditioning, flexibility training, nutrition, hydration, recovery, and rest are addressed. Additionally, a chapter on holistic wellness helps dancers apply a wellness mindset to their training and performance. Dance Injuries is richly illustrated with nearly 200 full-color illustrations and 150 photos to help dancers connect with the essential information the book offers. Armed with the understanding gained from the book's medical diagrams, dancers will be motivated to adopt habits to reduce the likelihood of an injury. To further augment learning, the text presents strategies for accessing and interpreting scientific research on dance injuries; approaches to working with various health care professionals when an injury occurs; recurring special elements, sidebars, key terms, and discussion questions; and resources offered online through HKPropel, including application activities, supplemental information, and coverage of niche topics connected to chapter content. Six appendixes add to the wealth of content presented in the chapters. These provide information on international mental health resources, psychological safety in dance, screening for dancer health, disability dance and integrated dance, considerations for professional dance, and artistry and athletics. Dance Injuries includes vital information to properly train dancers technically, physically, mentally to reduce dancers' risk of injury and allow them to perform their best in dance classes, rehearsals, and performances. Note: A code for accessing HKPropel is not included with this ebook but may be purchased separately.

**university of cincinnati athletic training: Plyometrics** Donald A. Chu, Gregory Myer , 2013-08-15 Using the latest research, top trainer Donald Chu presents the best methods, strength and power exercises, workouts, and programs for optimizing athletes' performance. Sport-specific plans can be easily integrated into a comprehensive training program. Injury prevention and rehab protocols reduce time on the sidelines.

**university of cincinnati athletic training: Sports Injuries and Prevention** Kazuyuki Kanosue, Tetsuya Ogawa, Mako Fukano, Toru Fukubayashi, 2015-07-13 This book presents the incidence of sports-related injuries, the types of injuries specific to particular sports, and the importance of factors such as age and gender. Possible injury mechanisms and risk factors are presented based on an analysis involving recent scientific findings. A variety of sports are included to allow the reader to better generalize the results as well as to apply appropriate procedures to specific sports. The authors have emphasized basic scientific findings to help the reader gain a broad knowledge of sports injuries. The potential audience includes medical doctors, physical therapists, athletic trainers, coaches and interested parents. This book is expected to play a prominent role in the construction of training programs for both healthy and injured players. The focus on junior athletes will aid in their education, injury prevention and increased performance. It will also benefit instructors at the junior and senior high school levels. The book is composed of seven parts. In the beginning part, current situations and the general characteristics of sports-related injuries are outlined on the basis of an investigation utilizing statistical data involving a large number of populations. In the following parts, detailed information on the injuries in terms of the types of sports activities, body sites, symptoms and the relationships among these factors are

discussed. Part 2, for example, deals with topics on concussion and severe head-neck injuries which occur frequently in rugby and judo. In Parts 3 and 4, as one of the major sports-related injuries, anterior cruciate ligament (ACL) injuries are discussed. Beginning with the underlying mechanisms as assessed by using the latest measuring techniques, characteristic features of their occurrence are described. Further, Part 4 deals with topics on post-operative (ACL reconstruction) aspects of ACL injuries, especially those related to muscle functions and tendon regeneration in the hamstring muscles. Part 5 deals with muscle strain and focuses particularly on those occurring in the hamstring muscles, as this muscle group is known, as one of the most frequent sites of muscle strain. In Part 6, disorders related to the ankle and foot are introduced. Finally, Part 7 provides information on lower back disorders. Included are detailed mechanisms of their incidence, epidemiology and implications for their prevention.

**university of cincinnati athletic training: Encyclopedia of Job Winning Resumes, Third Edition** Myra Fournier, Jeff Spin, 2006-07-15 Encyclopedia of Job-Winning Resumes, Third Edition, is the most helpful and comprehensive resume book you can buy. It includes more than 400 success-proven resume examples that teach you how to personalize your resume according to your own unique career situation. The 17 chapters contain resumes that cover all major industries, span every job level from entry-level to CEO, and are helpfully arranged by both job field and title to make it easy for you to quickly locate the resumes that address your particular field or situation. The first chapter, The Essentials of Writing Your Resume, is as informative as it is brief. It includes expert advice about what information to include in your resume, what to omit, what to emphasize, and what to tone down. For a quick start, it's specifically designed to keep reading to a minimum so you can start sending out your resume as soon as possible. The second chapter, devoted to creating hard-hitting cover letters, includes 40 examples that cover a wide variety of typical career situations. And for those not-so-typical career situations, the next chapter includes 30 resumes that cover difficult circumstances such as frequent job changes, gaps in employment, layoff, lack of experience, weak education, and many more. For students, there's also a chapter containing 40 resumes to help new graduates enter the work force more quickly and easily. There are helpful hints located beneath each resume, showing you the right way to quickly create a job-winning resume that will get attention and win you an interview. The last chapter includes a Recommended Reading list and a Recommended Web Site list. Whatever your age, industry, career, level of experience or education, you'll find the resume template you need! In 1980, Myra Fournier and Jeff Spin founded A Lasting Impression, a highly successful resume writing and career development firm located in the Greater Boston area. In 1990, they jointly developed ResumExpert, a top-rated and best-selling resume-writing software for the Macintosh computer.

**university of cincinnati athletic training: Volume 44, Issue 4, An Issue of Orthopedic Clinics** Asif M. Ilyas, 2013-10-16 Each issue of Orthopedic Clinics offers clinical review articles on the most cutting edge technologies, techniques, and more in the field. Major topic areas include: adult reconstruction, upper extremity, pediatrics, trauma, oncology, hand, foot and ankle, and sports medicine.

**university of cincinnati athletic training: College Admissions Data Sourcebook Northeast Edition Looseleaf 2010-11** , 2010-09

**university of cincinnati athletic training: Therapeutic Modalities** Kenneth Knight, Kenneth L. Knight, David O. Draper, 2012-02-15 Authored by two leading researchers in the athletic training field, the Second Edition of Therapeutic Modalities: The Art and Science provides the knowledge needed to evaluate and select the most appropriate modalities to treat injuries. The authors use an informal, student-friendly writing style to hold students' interest and help them grasp difficult concepts. The unique approach of the text teaches aspiring clinicians both the how and the why of therapeutic modality use, training them to be decision-making professionals rather than simply technicians. The Second Edition is revised and expanded to include the latest research in therapeutic modalities. New material has been added on evidence-based practice, and other areas, such as pain treatment, are significantly expanded. It retains the successful format of providing the

necessary background information on the modalities, followed by the authors' 5-Step Application Procedure. New photos, illustrations, and case studies have also been added.

**university of cincinnati athletic training:** Health Professions Career and Education Directory 2007-2008 American Medical Association, 2007 Make sure you have the most up-to-date edition of this indispensable reference for researching and planning a career in health care. Health Professions Career and Education Directory 2007-2008 contains the most current and comprehensive information on more than 70 health professions and the educational programs available for a career in health care. No other reference available gives greater in-depth information about more health professions. Detailed descriptions are provided for each profession, including information on profession history, occupation and job descriptions, employment outlook and characteristics and more. Educational programs are listed and include contact information, class capacity, start dates, program length, tuition costs, academic awards granted and availability of evening/weekend courses. This edition of the Directory gives pinpoint information on: 6,873 education programs at 2,500 institutions, enrolling 200,000 students in 71 different health care occupations. Key data is provided from 26 accrediting agencies. Health Professions Career and Education Directory is the most authoritative resource for anyone pursuing a career in health care today. information at your fingertips for researching and planning a career in health care.

**university of cincinnati athletic training:** *Catalog of Copyright Entries. Third Series* Library of Congress. Copyright Office, 1979

**university of cincinnati athletic training:** The Routledge Handbook for Advancing Integration in Mixed Methods Research John H. Hitchcock, Anthony J. Onwuegbuzie, 2022-05-10 This groundbreaking edited book, *The Routledge Handbook for Advancing Integration in Mixed Methods Research*, presents an array of different integration ideas, with contributions from scholars across the globe. This handbook represents the first major volume that comprehensively discusses this topic of integration. Perhaps the most fundamental and longstanding question in mixed methods research is: How does one best integrate disparate forms of information to produce the best form of inquiry? Each of the 34 seminal chapters in this handbook accelerates the discussion of integration across a broad range of disciplines, including education, arts-based analyses, and work in the Global South, as well as special topics such as psychometrics and media research. Many of the chapters present new topics that have never been written about before, and all chapters offer cutting-edge approaches to integration. They also offer different perspectives of integration - leading the introductory chapter to offer a new and comprehensive definition for integration, as follows: referring to the optimal mixing, combining, blending, amalgamating, incorporating, joining, linking, merging, consolidating, or unifying of research approaches, methodologies, philosophies, methods, techniques, concepts, language, modes, disciplines, fields, and/or teams within a single study. The concluding chapter offers a meta-framework that accounts for this definition and is designed to help scholars think more about integration in a way that represents a continuous, dynamic, iterative, interactive, synergistic, and holistic meaning-making process. This handbook will be an essential reference work for all scholars and practitioners using or seeking to use mixed methods in their research.

**university of cincinnati athletic training:** *Therapeutic Modalities* Kenneth L. Knight, David O. Draper, 2008 This user-friendly text, written in a clear and friendly manner by leading experts in the field, is intended primarily for undergraduate athletic training students. It encourages students to understand both the how and the why of therapeutic modality use so readers become thinking, decision-making professionals. It provides the knowledge needed to evaluate and select the most appropriate modality. All major modalities used to treat orthopedic injury and pain are covered, from electrotherapy to therapeutic heat and cold to therapeutic massage.

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**university of cincinnati athletic training:** **Clinical Orthopaedic Rehabilitation E-Book** S. Brent Brotzman, Robert C. Manske, 2011-05-06 In *Clinical Orthopaedic Rehabilitation: An Evidence-Based Approach*, Dr. S. Brent Brotzman and Robert C. Manske help you apply the most effective, evidence-based protocols for maximizing return to function following common sports injuries and post-surgical conditions. A well-respected, comprehensive source for evaluating, treating, and rehabilitating orthopaedic patients, the 3rd Edition guides you on the prevention of running injuries, the latest perturbation techniques, and the ACL rehabilitation procedures and functional tests you need to help get your patients back in the game or the office. You'll also find a brand-new spine rehabilitation section, an extensively revised art program, and online access to videos demonstrating rehabilitation procedures of common orthopaedic conditions at [www.expertconsult.com](http://www.expertconsult.com). Get expert guidance on everything you may see on a day-to-day basis in the rehabilitation of joint replacements and sports injuries. Apply evidence-based rehabilitation protocols to common sports conditions like ACL and meniscus injuries and post-surgical rehabilitation for the knee, hip, and shoulder. See how to perform perturbation techniques for ACL rehabilitation, ACL functional tests and return-to-play criteria after reconstruction, analysis of running gait to prevent and treat running injury, and more with videos online at [www.expertconsult.com](http://www.expertconsult.com). Use the expert practices described in Tendinopathy and Hip Labral Injuries, part of the expanded Special Topics section, to help patients realize quicker recovery times. Visualize physical examination and rehabilitation techniques with the extensively revised art program that presents 750 figures and illustrations.

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