

THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE

THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE: A TRUSTED RESOURCE FOR HOLISTIC HEALTH

THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE STANDS OUT AS A COMPREHENSIVE AND AUTHORITATIVE RESOURCE FOR ANYONE INTERESTED IN EXPLORING THE VAST WORLD OF ALTERNATIVE AND COMPLEMENTARY HEALTH PRACTICES. WHETHER YOU'RE A HEALTHCARE PROFESSIONAL, A STUDENT, OR SIMPLY SOMEONE EAGER TO LEARN MORE ABOUT NATURAL HEALING METHODS, THIS ENCYCLOPEDIA OFFERS A WEALTH OF KNOWLEDGE THAT BRIDGES TRADITIONAL MEDICINE WITH HOLISTIC APPROACHES. IN AN AGE WHERE WELLNESS TRENDS SHIFT RAPIDLY AND THE PUBLIC'S CURIOSITY ABOUT NATURAL REMEDIES GROWS, HAVING A RELIABLE GUIDE LIKE THIS ENCYCLOPEDIA IS INVALUABLE.

UNDERSTANDING THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE

AT ITS CORE, THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE SERVES AS AN EXTENSIVE REFERENCE THAT COVERS A WIDE RANGE OF ALTERNATIVE MEDICAL PRACTICES, THERAPIES, AND TREATMENTS. FIRST PUBLISHED BY GALE, A PROMINENT EDUCATIONAL PUBLISHER, THIS ENCYCLOPEDIA HAS CARVED OUT A NICHE BY PROVIDING SCIENTIFICALLY GROUNDED INFORMATION ABOUT THERAPIES THAT FALL OUTSIDE CONVENTIONAL WESTERN MEDICINE. FROM HERBAL REMEDIES AND ACUPUNCTURE TO MIND-BODY TECHNIQUES AND ENERGY HEALING, IT APPROACHES EACH TOPIC WITH CAREFUL RESEARCH AND EXPERT INSIGHTS.

UNLIKE MANY SOURCES THAT MIGHT OVERSIMPLIFY OR SENSATIONALIZE ALTERNATIVE MEDICINE, THE GALE ENCYCLOPEDIA OFFERS BALANCED CONTENT. IT EXPLAINS NOT ONLY THE BENEFITS BUT ALSO THE LIMITATIONS AND POTENTIAL RISKS OF VARIOUS THERAPIES. THIS APPROACH HELPS READERS MAKE INFORMED DECISIONS WHEN CONSIDERING ALTERNATIVE TREATMENTS, PROMOTING BOTH SAFETY AND EFFICACY.

COMPREHENSIVE COVERAGE OF ALTERNATIVE THERAPIES

ONE OF THE STANDOUT FEATURES OF THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE IS ITS BROAD SCOPE. IT COVERS DOZENS OF DIFFERENT PRACTICES, INCLUDING BUT NOT LIMITED TO:

- HERBAL MEDICINE AND BOTANICAL SUPPLEMENTS
- TRADITIONAL CHINESE MEDICINE AND ACUPUNCTURE
- HOMEOPATHY AND NATUROPATHY
- MIND-BODY INTERVENTIONS LIKE MEDITATION, YOGA, AND TAI CHI
- CHIROPRACTIC CARE AND OSTEOPATHY
- ENERGY THERAPIES SUCH AS REIKI AND THERAPEUTIC TOUCH

BY INCLUDING SUCH A WIDE ARRAY OF TOPICS, THE ENCYCLOPEDIA SERVES AS A ONE-STOP REFERENCE FOR ANYONE CURIOUS ABOUT THE MANY PATHS TO WELLNESS BEYOND MAINSTREAM HEALTHCARE.

WHY THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE IS A GO-TO RESOURCE

IN TODAY'S DIGITAL AGE, INFORMATION ABOUT ALTERNATIVE MEDICINE IS EVERYWHERE, BUT NOT ALL OF IT IS TRUSTWORTHY. THE GALE ENCYCLOPEDIA DISTINGUISHES ITSELF THROUGH ITS RIGOROUS EDITORIAL PROCESS AND RELIANCE ON CREDIBLE SOURCES. EACH ENTRY IS WRITTEN OR REVIEWED BY EXPERTS IN THE FIELD, INCLUDING MEDICAL PROFESSIONALS, RESEARCHERS, AND PRACTITIONERS OF ALTERNATIVE THERAPIES. THIS ENSURES THAT THE CONTENT IS ACCURATE, UP-TO-DATE, AND EASY TO UNDERSTAND.

MOREOVER, THE ENCYCLOPEDIA DOESN'T JUST PRESENT FACTS—IT ALSO EXPLORES THE HISTORY, CULTURAL CONTEXT, AND SCIENTIFIC RESEARCH BEHIND EACH PRACTICE. THIS HOLISTIC APPROACH ENRICHES THE READER'S UNDERSTANDING AND APPRECIATION OF ALTERNATIVE MEDICINE'S DIVERSITY AND COMPLEXITY.

EDUCATIONAL BENEFITS FOR STUDENTS AND PROFESSIONALS

FOR STUDENTS PURSUING DEGREES IN HEALTH SCIENCES, INTEGRATIVE MEDICINE, OR EVEN PUBLIC HEALTH, THE GALE ENCYCLOPEDIA IS AN ESSENTIAL TOOL. IT PROVIDES CONCISE YET DETAILED EXPLANATIONS THAT CAN SUPPLEMENT TEXTBOOKS AND LECTURES. HEALTHCARE PRACTITIONERS WHO WANT TO EXPAND THEIR KNOWLEDGE ABOUT COMPLEMENTARY THERAPIES CAN ALSO BENEFIT FROM ITS INSIGHTS, HELPING THEM PROVIDE BETTER PATIENT CARE BY UNDERSTANDING ALTERNATIVE OPTIONS THEIR CLIENTS MAY BE USING OR INTERESTED IN.

HOW TO USE THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE EFFECTIVELY

NAVIGATING THROUGH VAST INFORMATION CAN SOMETIMES FEEL OVERWHELMING. HERE ARE SOME TIPS TO MAKE THE MOST OUT OF THIS RESOURCE:

1. **START WITH SPECIFIC TOPICS:** IF YOU'RE INTERESTED IN A PARTICULAR THERAPY LIKE AROMATHERAPY OR REFLEXOLOGY, BEGIN BY READING THOSE ENTRIES TO GET A SOLID FOUNDATION.
2. **EXPLORE RELATED THERAPIES:** MANY ALTERNATIVE TREATMENTS OVERLAP OR COMPLEMENT EACH OTHER. USE THE ENCYCLOPEDIA'S CROSS-REFERENCES TO DISCOVER RELATED METHODS AND DEEPEN YOUR UNDERSTANDING.
3. **CHECK FOR SCIENTIFIC EVIDENCE:** PAY ATTENTION TO SECTIONS THAT DISCUSS RESEARCH FINDINGS AND CLINICAL STUDIES TO GAUGE THE CREDIBILITY AND EFFECTIVENESS OF TREATMENTS.
4. **UNDERSTAND POTENTIAL RISKS:** ALWAYS REVIEW SAFETY INFORMATION AND CONTRAINDICATIONS TO ENSURE THAT ANY THERAPY YOU CONSIDER IS APPROPRIATE AND WON'T INTERFERE WITH EXISTING MEDICAL CONDITIONS OR MEDICATIONS.

USING THE GALE ENCYCLOPEDIA AS A GUIDE, READERS CAN CONFIDENTLY NAVIGATE THE SOMETIMES CONFUSING LANDSCAPE OF ALTERNATIVE MEDICINE.

DIGITAL ACCESS AND UPDATES

RECOGNIZING THE IMPORTANCE OF ACCESSIBILITY, GALE OFFERS THIS ENCYCLOPEDIA IN BOTH PRINT AND DIGITAL FORMATS. THE ONLINE VERSION IS PARTICULARLY CONVENIENT, ALLOWING USERS TO SEARCH QUICKLY FOR TOPICS OF INTEREST AND ACCESS MULTIMEDIA RESOURCES SUCH AS IMAGES, VIDEOS, AND CASE STUDIES. ADDITIONALLY, THE DIGITAL PLATFORM OFTEN INCLUDES UPDATES, REFLECTING THE LATEST RESEARCH AND EMERGING TRENDS IN ALTERNATIVE MEDICINE.

THIS DYNAMIC NATURE MAKES THE GALE ENCYCLOPEDIA A LIVING RESOURCE THAT GROWS ALONGSIDE ADVANCEMENTS IN THE FIELD.

THE ROLE OF THE GALE ENCYCLOPEDIA IN PROMOTING HOLISTIC WELLNESS

BEYOND BEING A REFERENCE BOOK, THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE PLAYS A SIGNIFICANT ROLE IN ENCOURAGING A MORE INTEGRATED APPROACH TO HEALTH. IT PROMOTES THE IDEA THAT HEALING IS NOT JUST ABOUT ADDRESSING SYMPTOMS BUT ALSO ABOUT CONSIDERING THE WHOLE PERSON—MIND, BODY, AND SPIRIT. THIS PHILOSOPHY ALIGNS WITH THE GROWING MOVEMENT TOWARD INTEGRATIVE MEDICINE, WHICH COMBINES CONVENTIONAL TREATMENTS WITH ALTERNATIVE THERAPIES TO OPTIMIZE PATIENT OUTCOMES.

BY EDUCATING READERS ON VARIOUS MODALITIES AND THEIR UNDERLYING PRINCIPLES, THE ENCYCLOPEDIA HELPS FOSTER GREATER ACCEPTANCE AND UNDERSTANDING OF HOLISTIC WELLNESS PRACTICES.

EMPOWERING INFORMED CHOICES

ONE OF THE GREATEST BENEFITS OF THIS ENCYCLOPEDIA IS HOW IT EMPOWERS INDIVIDUALS TO TAKE CHARGE OF THEIR HEALTH. INFORMED PATIENTS ARE BETTER EQUIPPED TO DISCUSS ALTERNATIVE THERAPIES WITH THEIR DOCTORS, ASK PERTINENT QUESTIONS, AND WEIGH OPTIONS CRITICALLY. THE GALE ENCYCLOPEDIA'S EVIDENCE-BASED APPROACH ENCOURAGES SKEPTICISM WHEN NEEDED, HELPING PEOPLE AVOID UNPROVEN OR POTENTIALLY HARMFUL TREATMENTS.

IN A HEALTHCARE ENVIRONMENT WHERE PATIENT AUTONOMY IS INCREASINGLY VALUED, RESOURCES LIKE THIS ARE INSTRUMENTAL IN SUPPORTING SHARED DECISION-MAKING.

EXPANDING YOUR KNOWLEDGE BEYOND CONVENTIONAL MEDICINE

WHETHER YOU'RE INTRIGUED BY THE CALMING EFFECTS OF MEDITATION, THE HEALING POTENTIAL OF HERBAL SUPPLEMENTS, OR THE CENTURIES-OLD PRACTICE OF AYURVEDA, THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE OFFERS A DOORWAY INTO THESE FASCINATING WORLDS. IT RESPECTS THE TRADITIONS AND CULTURAL ROOTS OF VARIOUS HEALING SYSTEMS WHILE EMPHASIZING SCIENTIFIC VALIDATION.

FOR ANYONE READY TO EXPLORE BEYOND THE BOUNDARIES OF CONVENTIONAL MEDICINE, THIS ENCYCLOPEDIA IS MORE THAN JUST A BOOK—IT'S A COMPANION ON THE JOURNEY TO BETTER HEALTH AND WELL-BEING.

FREQUENTLY ASKED QUESTIONS

WHAT IS THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE?

THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE IS A COMPREHENSIVE REFERENCE WORK THAT PROVIDES DETAILED INFORMATION ON VARIOUS ALTERNATIVE AND COMPLEMENTARY MEDICINE PRACTICES, THERAPIES, AND TREATMENTS.

WHO IS THE INTENDED AUDIENCE FOR THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE?

THE ENCYCLOPEDIA IS DESIGNED FOR STUDENTS, RESEARCHERS, HEALTHCARE PROFESSIONALS, AND ANYONE INTERESTED IN LEARNING ABOUT ALTERNATIVE MEDICINE PRACTICES AND THEIR POTENTIAL BENEFITS AND RISKS.

WHAT TOPICS ARE COVERED IN THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE?

THE ENCYCLOPEDIA COVERS A WIDE RANGE OF TOPICS INCLUDING HERBAL REMEDIES, ACUPUNCTURE, CHIROPRACTIC CARE, MIND-BODY TECHNIQUES, DIETARY SUPPLEMENTS, AND OTHER ALTERNATIVE HEALTH THERAPIES.

How is the information in The Gale Encyclopedia of Alternative Medicine verified?

The content is written and reviewed by experts in the field of alternative medicine, ensuring that the information is accurate, reliable, and based on current research and clinical practice.

Is The Gale Encyclopedia of Alternative Medicine available online?

Yes, The Gale Encyclopedia of Alternative Medicine is available online through various library databases and can be accessed by subscribers, providing convenient access to its extensive content.

Additional Resources

The Gale Encyclopedia of Alternative Medicine: A Definitive Resource for Holistic Health

The Gale Encyclopedia of Alternative Medicine stands as a comprehensive and authoritative reference work dedicated to the diverse field of alternative and complementary medicine. As interest in holistic health practices continues to surge globally, this encyclopedia offers invaluable insights into various modalities that fall outside mainstream Western medicine. By bridging scientific research, historical context, and practical applications, the Gale Encyclopedia serves as a vital tool for students, healthcare professionals, and anyone curious about non-conventional therapies.

An In-Depth Analysis of The Gale Encyclopedia of Alternative Medicine

Since its first publication, the Gale Encyclopedia of Alternative Medicine has been widely recognized for its thorough coverage of a vast spectrum of alternative therapies. It addresses disciplines ranging from herbal remedies and acupuncture to mind-body techniques and energy healing. Unlike many general health references, this encyclopedia focuses exclusively on alternative medicine, providing detailed entries that explain the origins, mechanisms, efficacy, and safety considerations of each therapy.

One of the encyclopedia's defining strengths is its evidence-based approach. While alternative medicine is often criticized for lacking scientific rigor, Gale's editorial process incorporates current research findings and expert commentary to present balanced viewpoints. This objectivity is critical, given the controversial nature of some treatments and the growing demand for reliable information in an era of misinformation.

The encyclopedia is organized alphabetically and includes cross-references to related topics, enhancing usability for readers seeking interconnected knowledge. Each entry typically covers historical background, cultural significance, therapeutic uses, contraindications, and references to clinical studies when available. This level of detail enables users to gain a nuanced understanding of both ancient traditions and emerging alternative therapies.

Scope and Content Coverage

The Gale Encyclopedia of Alternative Medicine spans thousands of entries, touching on a multitude of practices such as:

- Herbal medicine and phytotherapy
- Traditional Chinese Medicine (TCM), including acupuncture and herbal formulas

- AYURVEDA AND OTHER SOUTH ASIAN HEALING SYSTEMS
- HOMEOPATHY AND NATUROPATHY
- MIND-BODY INTERVENTIONS LIKE MEDITATION, YOGA, AND BIOFEEDBACK
- ENERGY THERAPIES SUCH AS REIKI AND THERAPEUTIC TOUCH
- DIETARY SUPPLEMENTS AND NUTRITIONAL APPROACHES

THIS BROAD COVERAGE ENSURES THAT READERS EXPLORING ALTERNATIVE HEALTHCARE OPTIONS CAN ACCESS COMPREHENSIVE INFORMATION ABOUT THERAPIES PRACTICED WORLDWIDE, REFLECTING BOTH HISTORICAL ROOTS AND CONTEMPORARY ADAPTATIONS.

EDITORIAL AUTHORITY AND CONTRIBUTORS

THE CREDIBILITY OF THE GALE ENCYCLOPEDIA STEMS LARGELY FROM ITS EDITORIAL TEAM, WHICH USUALLY COMPRISES MEDICAL LIBRARIANS, RESEARCHERS, AND EXPERTS IN COMPLEMENTARY MEDICINE. CONTRIBUTORS INCLUDE SCHOLARS WITH BACKGROUNDS IN PHARMACOLOGY, ANTHROPOLOGY, AND INTEGRATIVE MEDICINE, ENSURING THAT EACH ARTICLE IS GROUNDED IN SCHOLARLY RESEARCH WHILE REMAINING ACCESSIBLE TO LAY AUDIENCES.

THE ENCYCLOPEDIA'S COMMITMENT TO ACCURACY IS FURTHER REINFORCED BY PERIODIC UPDATES, REFLECTING THE DYNAMIC NATURE OF ALTERNATIVE MEDICINE RESEARCH. THIS IS PARTICULARLY IMPORTANT GIVEN THE RAPID EXPANSION OF CLINICAL TRIALS AND META-ANALYSES EVALUATING THE SAFETY AND EFFICACY OF VARIOUS TREATMENTS.

COMPARISONS WITH OTHER HEALTH REFERENCE WORKS

WHEN PLACED ALONGSIDE OTHER MEDICAL ENCYCLOPEDIAS AND HEALTH DATABASES, THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE DISTINGUISHES ITSELF BY ITS EXCLUSIVE FOCUS ON NON-CONVENTIONAL THERAPIES. WHILE RESOURCES SUCH AS THE MERCK MANUAL OR DORLAND'S ILLUSTRATED MEDICAL DICTIONARY PROVIDE AUTHORITATIVE BIOMEDICAL INFORMATION, THEY TYPICALLY OFFER LIMITED CONTENT ON ALTERNATIVE PRACTICES.

SIMILARLY, ONLINE PLATFORMS LIKE WEBMD OR MAYO CLINIC TOUCH ON CERTAIN COMPLEMENTARY THERAPIES BUT OFTEN LACK THE DEPTH AND CULTURAL CONTEXT PROVIDED BY GALE'S ENCYCLOPEDIA. ITS PRINT AND ELECTRONIC FORMATS CATER TO ACADEMIC LIBRARIES, HEALTH PRACTITIONERS, AND RESEARCHERS WHO REQUIRE DETAILED, VETTED INFORMATION RATHER THAN BRIEF OVERVIEWS OR ANECDOTAL REPORTS.

PROS AND CONS OF USING THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE

- **PROS:**
 - COMPREHENSIVE AND DETAILED ENTRIES COVERING A WIDE RANGE OF THERAPIES
 - BALANCED PRESENTATION WITH SCIENTIFIC EVIDENCE AND TRADITIONAL PERSPECTIVES
 - CROSS-REFERENCING FACILITATES DEEPER EXPLORATION OF RELATED TOPICS
 - REGULARLY UPDATED TO REFLECT NEW RESEARCH AND TRENDS
 - WRITTEN AND REVIEWED BY QUALIFIED EXPERTS

- **CONS:**

- MAY REQUIRE SUBSCRIPTION OR INSTITUTIONAL ACCESS, LIMITING AVAILABILITY TO THE GENERAL PUBLIC
- SOME ENTRIES MIGHT BE TECHNICAL FOR CASUAL READERS WITHOUT A HEALTHCARE BACKGROUND
- FOCUS ON DOCUMENTED THERAPIES MAY EXCLUDE EMERGING OR LESS-STUDIED ALTERNATIVE TREATMENTS

UTILIZING THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE IN PRACTICE

HEALTHCARE PRACTITIONERS INTEGRATING COMPLEMENTARY THERAPIES INTO PATIENT CARE CAN LEVERAGE THE GALE ENCYCLOPEDIA AS A RELIABLE REFERENCE TO INFORM CLINICAL DECISIONS. FOR EXAMPLE, UNDERSTANDING THE PHARMACODYNAMICS OF HERBAL SUPPLEMENTS OR POTENTIAL INTERACTIONS WITH PRESCRIPTION MEDICATIONS IS CRUCIAL FOR SAFE USE.

STUDENTS AND RESEARCHERS BENEFIT FROM THE ENCYCLOPEDIA'S DETAILED BIBLIOGRAPHIES, WHICH PROVIDE PATHWAYS TO PRIMARY STUDIES AND FURTHER READING. THIS FEATURE SUPPORTS ACADEMIC WORK, INCLUDING THESES AND EVIDENCE-BASED REVIEWS ON ALTERNATIVE MEDICINE TOPICS.

MOREOVER, THE ENCYCLOPEDIA AIDS CONSUMERS SEEKING TO MAKE INFORMED CHOICES ABOUT ALTERNATIVE THERAPIES. BY PRESENTING BALANCED INFORMATION ON BENEFITS AND RISKS, IT HELPS COUNTERACT MISLEADING CLAIMS AND PROMOTES CRITICAL EVALUATION OF HEALTH OPTIONS.

IMPACT ON THE PERCEPTION OF ALTERNATIVE MEDICINE

AS PUBLIC INTEREST IN HOLISTIC AND INTEGRATIVE HEALTH GROWS, RESOURCES LIKE THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE PLAY A SIGNIFICANT ROLE IN SHAPING UNDERSTANDING. BY DOCUMENTING THE SCIENTIFIC UNDERPINNINGS ALONGSIDE CULTURAL AND HISTORICAL SIGNIFICANCE, THE ENCYCLOPEDIA FOSTERS A MORE NUANCED DIALOGUE ABOUT ALTERNATIVE MEDICINE'S PLACE WITHIN THE BROADER HEALTHCARE LANDSCAPE.

IT ALSO ADDRESSES SKEPTICISM BY HIGHLIGHTING RIGOROUS RESEARCH AND CLINICAL EVIDENCE WHERE AVAILABLE, HELPING DEMYSTIFY PRACTICES OFTEN DISMISSED AS UNSCIENTIFIC. THIS BALANCED APPROACH SUPPORTS A MORE INFORMED AND RESPONSIBLE ADOPTION OF COMPLEMENTARY THERAPIES.

THE GALE ENCYCLOPEDIA SERVES NOT ONLY AS A REPOSITORY OF KNOWLEDGE BUT AS A BRIDGE CONNECTING TRADITIONAL WISDOM WITH CONTEMPORARY SCIENCE, ENCOURAGING ONGOING INQUIRY AND RESPECT FOR DIVERSE HEALING TRADITIONS.

IN AN AGE WHERE HEALTH INFORMATION IS ABUNDANT YET OFTEN INCONSISTENT, THE GALE ENCYCLOPEDIA OF ALTERNATIVE MEDICINE STANDS OUT AS A TRUSTED, SCHOLARLY RESOURCE THAT CONTINUES TO SUPPORT EDUCATION, CLINICAL PRACTICE, AND PUBLIC AWARENESS IN THE EVOLVING FIELD OF ALTERNATIVE HEALTHCARE.

[The Gale Encyclopedia Of Alternative Medicine](#)

the gale encyclopedia of alternative medicine: The Gale Encyclopedia of Alternative Medicine: S-Z , 2001

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the gale encyclopedia of alternative medicine: *The Gale Encyclopedia of Alternative Medicine* Laurie J. Fundukian, 2009 A one-stop source for alternative medical information that covers complementary therapies, herbs and remedies, and common medical diseases and conditions--Introduction, xvii, v. 1.

the gale encyclopedia of alternative medicine: The Gale Encyclopedia of Alternative Medicine Kristine M. Krapp, Jacqueline L. Longe, 2001 Authoritative, objective and in tune with the subjects that matter to students and researchers, the Gale Group presents The Gale Encyclopedia of Alternative Medicine -- unbiased information on alternative and complementary medical practices. Covering all aspects of the subject -- therapies, conditions/ diseases, herbs/plants and people -- the Encyclopedia identifies 40 types of alternative medicine being practiced today, including: Accupressure/accupuncture -- Ayurveda -- Biofeedback -- Chelation therapy -- Chinese medicine -- Chiropractic -- Detoxification -- Feldenkrais -- Kinesiology -- Naturopathy -- Osteopathy -- Polarity therapy -- Yoga -- And many others For the practitioner or interested patient, there are current training requirements, listings of organizations, as well as descriptions of treatments. Information on recommended therapies for specific disorders and diseases, medicinal uses for plants and herbs are balanced by conclusions of studies on efficacy and analysis of current levels of acceptance by traditional scientists and doctors. Biographies of pioneers in the field -- including Deepak Chopra, Edward Bach and David Palmer -- appear as sidebars through the text. Included are 50 sidebars. Each volume contains a color photo insert containing images of herbs. Includes more than 275 disease/ condition entries, 300 herb/remedy entries and 150 therapies.

the gale encyclopedia of alternative medicine: The Gale Encyclopedia of Alternative Medicine Jacqueline L. Longe, 2005 Presents a four-volume alphabetically-arranged medical reference set that examines a variety of supplemental therapies and herbal remedies along with treatments for certain conditions and diseases.

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the gale encyclopedia of alternative medicine: The Gale Encyclopedia of Alternative Medicine: A-C , 2005

the gale encyclopedia of alternative medicine: The Gale Encyclopedia of Alternative Medicine , 2019 Provides alternative medical information about complementary therapies, herbs and remedies, and common medical disease and conditions. Minimizes medical jargon, using language that any reader can understand while still providing thorough coverage of each topic--

the gale encyclopedia of alternative medicine: Gale Encyclopedia of Alternative Medicine, 3rd Ed , 2009

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Medicine Deirdre S. Hiam, 2020 Covers all aspects of the subject including therapies, conditions/diseases, herbs/plants, and people. Identifies numerous types of alternative medicine being practiced today, including reflexology, acupressure, acupuncture, chelation therapy, kinesiology, yoga, chiropractic, Feldenkrais, polarity therapy, detoxification, naturopathy, Chinese medicine, biofeedback, Ayurveda and osteopathy.

the gale encyclopedia of alternative medicine: The Gale Encyclopedia of Alternative Medicine: A-C Laurie J. Fundukian, 2014 The Gale Encyclopedia of Alternative Medicine covers all aspects of the subject including therapies, conditions/diseases, herbs/plants, and biographies of key people in the field. Through more than 800 entries and more than 500 photos, graphs, charts and illustrations, the title identifies and explains numerous types of alternative medicine being practiced today, including reflexology, acupressure, acupuncture, chelation therapy, kinesiology, yoga, chiropractic, Feldenkrais, juice therapies, detoxification, naturopathy, Chinese medicine, biofeedback, Ayurveda, osteopathy, massage therapy and yoga--Provided by publisher.

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the gale encyclopedia of alternative medicine: Guide to Reference in Medicine and Health Christa Modschiedler, Denise Beaubien Bennett, 2014-04-26 Drawn from the extensive database of Guide to Reference, this up-to-date resource provides an annotated list of print and electronic biomedical and health-related reference sources, including internet resources and digital image collections. Readers will find relevant research, clinical, and consumer health information resources in such areas as Medicine Psychiatry Bioethics Consumer health and health care Pharmacology and pharmaceutical sciences Dentistry Public health Medical jurisprudence International and global health Guide to Reference entries are selected and annotated by an editorial team of top reference librarians and are used internationally as a go-to source for identifying information as well as training reference professionals. Library staff answering health queries as well as library users undertaking research on their own will find this an invaluable resource.

the gale encyclopedia of alternative medicine: Reference and Information Services Kay Ann Cassell, Uma Hiremath, 2013 Search skills of today bear little resemblance to searches through print publications. Reference service has become much more complex than in the past, and is in a constant state of flux. Learning the skill sets of a worthy reference librarian can be challenging, unending, rewarding, and-- yes, fun.

the gale encyclopedia of alternative medicine: Solar Energy David E. Newton, 2015-10-26 This book provides an outstanding single-volume resource on the topic of solar energy for young adults and general audiences. While how much longer the world's supply of fossil fuels will last is debatable, it is a fact that the fossil fuels that we depend on so heavily today are non-renewable resources that will inevitably be exhausted—making the need to shift to alternative sources of energy such as solar extremely important. *Solar Energy: A Reference Handbook* presents encyclopedic coverage of the social, political, economic, and environmental issues associated with the development and use of solar energy in the United States and around the world. This book provides an in-depth description of the ways solar power has been used for at least 2,000 years. It outlines how humankind has utilized various forms of energy from the sun by way of photovoltaic cells, concentrating or focusing solar power, active and passive solar heating, and other mechanisms; and provides perspectives on today's solar energy issues from a variety of subject experts. Readers will better understand not only the advantages and disadvantages of solar power but also the critical nature of energy production to sustaining life on earth, thereby underscoring the importance of developing solar power and other alternative sources of energy to meet the world's energy needs in coming decades. The book also includes profiles of key individuals and organizations related to the field of solar energy, a chronology of important events in the history of solar energy, and a glossary that defines the key terms used in discussing the topic of solar energy.

the gale encyclopedia of alternative medicine: Substance Abuse David E. Newton, 2017-04-24 This go-to resource on substance abuse supplies the broad background knowledge and historical information needed to understand this important sociological issue and provides readers with a range of additional sources for continuing their study of the topic. From the pharmaceuticals advertised on television for various specific medical conditions; to alcohol, which is consumed regularly as a societal norm; to illicit drugs such as cocaine, heroin, and methamphetamine; to marijuana, which is becoming legal in an increasing number of U.S. states, drugs are all around us and are ingrained in our culture. The difficult reality is that any drug is a substance that can be abused. *Substance Abuse: A Reference Handbook* provides a detailed discussion of the history of substance abuse, covers the classification of drugs, explains how drugs work in the body, includes a general survey of both legal and illegal drugs, and describes the methods of substance abuse prevention and treatment. Readers receive a comprehensive introduction to the broad topic of substance abuse and a variety of additional resources with which to conduct extensive research. In addition to describing the nature of licit and illicit drugs, the beneficial and harmful effects drugs can have on the human body, and factors that may lead to abuse and/or substance abuse, this book covers subtopics such as drug testing in a variety of settings including the workplace and sports, drug control mechanisms, and the debates relating to the legalization of drugs such as medical and recreational marijuana. The book also offers primary source resources that enable readers to directly examine the text of documents, such as significant laws and court cases dealing with aspects of substance abuse, alcohol prohibition amendments, the Controlled Substances Act of 1970, a series of memoranda from the U.S. Department of Justice regarding the prosecution of marijuana cases, and state doctor shopping laws.

the gale encyclopedia of alternative medicine: Fracking David E. Newton, 2015-01-16 The use of fracking is a tremendously important technology for the recovery of oil and gas, but the advantages and costs of fracking remain controversial. This book examines the issues and social, economic, political, and legal aspects of fracking in the United States. Hydraulic fracturing of oil and gas wells—known commonly as fracking—has been in use in the United States for more than half a century. In recent years, however, massive expansion of shale gas fracturing across the nation has

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