

hand to mouth by linda tirado

****Hand to Mouth by Linda Tirado: A Raw Glimpse into Poverty and Survival****

hand to mouth by linda tirado is more than just a memoir; it's a powerful narrative that sheds light on the harsh realities of living in poverty in America. Tirado's unfiltered storytelling provides readers with an intimate look into the struggles faced by those who live paycheck to paycheck, often with little hope of escape. This book resonates deeply because it challenges common misconceptions about poverty and humanizes the experiences of millions. If you're curious about what life is really like for people scraping by, or if you want to understand the systemic issues behind economic hardship, ***Hand to Mouth*** offers valuable insights.

The Story Behind Hand to Mouth by Linda Tirado

Linda Tirado's journey to writing ***Hand to Mouth*** began with a viral online post titled "Why I Make Terrible Decisions," which caught widespread attention for its candid and brutally honest depiction of poverty. The post struck a chord because it dismantled stereotypes that poor people are lazy or careless. Tirado explained the complex, often desperate choices made by those living in poverty, highlighting how mental exhaustion and limited resources shape behavior.

This initial exposure paved the way for her memoir, which expands on those themes with more detailed accounts of her own life. The book is a blend of personal anecdotes, social critique, and economic analysis, making it both a compelling story and a call to action. Tirado's writing style is straightforward and raw, avoiding sugarcoating the struggles she and others endure.

Understanding Poverty Through Tirado's Eyes

What makes ***Hand to Mouth*** so impactful is the way Linda Tirado dives into the everyday realities of poverty. She doesn't just talk about statistics or policy; she narrates the lived experience of scarcity, the constant stress of uncertainty, and the ways poverty affects one's mental and physical health.

Breaking Down Common Misconceptions

One of the most important contributions of ***Hand to Mouth*** is its effort to debunk myths about poor people. Tirado confronts the idea that poverty results from poor choices or lack of effort. Instead, she illustrates how systemic barriers, such as inadequate education, healthcare, and job opportunities, make it incredibly difficult for people to improve their circumstances.

She also explains why behaviors that might seem irrational to outsiders—like spending money on cigarettes or makeup—actually serve important psychological or social functions. These choices are often coping mechanisms or ways to maintain dignity in a world that strips it away.

The Psychological Toll of Poverty

Tirado's narrative highlights the mental health challenges tied to poverty, including anxiety, depression, and the constant "fight or flight" mode triggered by financial instability. Living hand to mouth creates a type of chronic stress that affects decision-making and overall well-being. Understanding this aspect is crucial for anyone interested in social justice or economic reform.

Key Themes Explored in Hand to Mouth by Linda Tirado

Several themes run throughout **Hand to Mouth** that broaden our understanding of poverty beyond just income levels.

Survival and Resilience

Despite the hardships, Tirado's story is also one of resilience. She demonstrates the resourcefulness and determination required to navigate life with limited means. This perspective helps readers appreciate the strength of individuals who manage to keep going despite systemic neglect.

The Intersection of Gender and Poverty

Tirado pays particular attention to how poverty uniquely affects women. From struggles with healthcare access to the challenges of single motherhood, she sheds light on the compounded difficulties faced by women living in poverty. This intersectional view enriches the conversation and emphasizes the need for policies that address these overlapping issues.

Systemic Inequality and Social Policy

Beyond personal narrative, **Hand to Mouth** critiques social systems that perpetuate poverty. Tirado discusses the inadequacies of welfare programs, the barriers to affordable housing, and the exploitative nature of low-wage work. This analysis invites readers to consider how policy reforms could alleviate poverty rather than entrench it.

Why Hand to Mouth by Linda Tirado Resonates Today

In a time when income inequality and economic insecurity are major social issues, **Hand to Mouth** remains highly relevant. It provides a human face to abstract problems and encourages empathy and understanding.

The Power of Personal Storytelling

Tirado's memoir exemplifies how personal stories can influence public discourse. By sharing her experiences, she gives voice to those often ignored in political debates. This storytelling approach is a powerful tool for raising awareness and inspiring change.

Impact on Readers and Communities

Many readers report that **Hand to Mouth** changed their perception of poverty. The book's frankness and honesty challenge readers to rethink their assumptions and consider the structural causes of economic hardship. For advocates and social workers, it offers a valuable resource to better understand and support those they serve.

Practical Lessons and Insights from Hand to Mouth

For those interested in applying the lessons from **Hand to Mouth** to their own lives or communities, several takeaways stand out.

- **Empathy over Judgment:** Recognize that people living in poverty often face impossible choices shaped by circumstances beyond their control.
- **Importance of Mental Health:** Support services that address the psychological impact of poverty are crucial for effective assistance.
- **Advocating for Policy Change:** Understanding systemic barriers can motivate advocacy for better social safety nets and economic reforms.
- **Community Support:** Small acts of kindness and local initiatives can make a meaningful difference in someone's day-to-day survival.

How to Engage with Poverty Issues More Effectively

Reading **Hand to Mouth** can be a first step in engaging more deeply with poverty issues. Here are some ways to build on that understanding:

1. Volunteer with organizations that assist low-income individuals.
2. Educate yourself on local and national policies affecting poverty.
3. Participate in community discussions or forums focused on economic justice.

4. Support businesses and initiatives that provide fair wages and opportunities.

Linda Tirado's Voice in Contemporary Social Literature

Hand to Mouth has earned its place among important works that illuminate the realities of poverty. Tirado's direct and unvarnished prose contrasts with more academic or detached treatments of the subject, making the book accessible to a wide audience.

Her voice is part of a growing movement of writers who use personal narrative to highlight systemic injustice. This trend is helping to reshape public conversations around poverty, encouraging policies that are informed by real-world experiences rather than stereotypes or assumptions.

Reading **Hand to Mouth** by Linda Tirado invites us all to listen to stories we might otherwise overlook and to reconsider what true economic hardship looks like. It reminds us that poverty is not a choice but a complex condition shaped by social, economic, and political forces—and that understanding this is the first step toward meaningful change.

Frequently Asked Questions

What is the main theme of 'Hand to Mouth' by Linda Tirado?

'Hand to Mouth' explores the struggles of living in poverty in America, providing a raw and honest look at the daily challenges faced by those trying to make ends meet.

Who is Linda Tirado, the author of 'Hand to Mouth'?

Linda Tirado is an American author and activist known for her firsthand accounts of poverty, drawing from her own experiences to shed light on economic hardships.

Why did 'Hand to Mouth' gain widespread attention?

The book gained attention due to Tirado's viral essay 'Why I Make Terrible Decisions,' which sparked conversations about poverty, decision-making, and societal misunderstandings.

What writing style does Linda Tirado use in 'Hand to Mouth'?

Tirado employs a candid, straightforward, and personal narrative style that vividly portrays the realities of poverty without romanticizing or dramatizing them.

How does 'Hand to Mouth' challenge common stereotypes about poverty?

'Hand to Mouth' challenges stereotypes by illustrating that poor people are not lazy or irresponsible

but often make difficult choices under harsh circumstances.

Can 'Hand to Mouth' be useful for policymakers and social workers?

Yes, the book provides valuable insights into the lived experiences of poverty, helping policymakers and social workers understand the complexities and nuances of economic hardship.

What impact has 'Hand to Mouth' had on public discourse about poverty?

'Hand to Mouth' has contributed to raising awareness and empathy around poverty issues, encouraging more nuanced discussions and inspiring activism aimed at social change.

Additional Resources

****Hand to Mouth by Linda Tirado: A Raw Exploration of Poverty in America****

hand to mouth by linda tirado offers a compelling, unvarnished glimpse into the daily struggles faced by millions living in poverty in the United States. This memoir, which doubles as a sociopolitical critique, is grounded in Tirado's own experiences but resonates widely as a voice for the often overlooked and misunderstood working poor. Through vivid storytelling and sharp analysis, Tirado dismantles common stereotypes and challenges readers to reconsider preconceived notions about poverty, work ethic, and survival.

In-depth Analysis of *Hand to Mouth* by Linda Tirado

Linda Tirado's **Hand to Mouth** is not just a memoir; it's a sociological case study wrapped in personal narrative. The book has gained attention for its candid portrayal of poverty without romanticizing or victimizing those who live it. Tirado's writing style is direct and accessible, which helps bridge the gap between academic discussions on poverty and the lived reality of millions.

The narrative begins with Tirado's own descent into poverty following a series of personal and economic setbacks. Unlike many poverty memoirs that focus on systemic analysis, **Hand to Mouth** integrates Tirado's own perspective as both participant and observer. This dual role enriches the text, allowing readers to engage with poverty on an emotional level while also understanding the broader socio-economic forces at play.

The book challenges widely held assumptions about poverty, particularly the myth that poor people are lazy or lack ambition. Tirado explicitly addresses this stereotype, providing examples from her life that highlight the relentless work and resilience required just to survive. Her depictions of working multiple low-wage jobs while managing household responsibilities reveal the immense physical and emotional toll poverty exacts.

Breaking Down the Myths: Poverty and Work Ethic

A key strength of **Hand to Mouth** by Linda Tirado is its systematic debunking of myths surrounding poverty and work ethic. Tirado confronts the narrative that poor people choose their circumstances or lack the discipline to improve their lives. Instead, she illustrates how structural barriers—such as underemployment, inadequate healthcare, and unstable housing—create an environment where survival becomes the primary goal.

In this context, Tirado's writing elucidates why many poor individuals make decisions that might appear irrational to outsiders. The immediacy of needs—food, shelter, safety—often overshadows long-term planning, a reality frequently misunderstood by policymakers and the public alike.

The Intersection of Gender, Class, and Poverty

Hand to Mouth also highlights how poverty intersects with gender dynamics. Tirado, a woman navigating poverty, sheds light on the unique challenges faced by women in economic hardship. From the burden of unpaid domestic labor to the vulnerability to exploitation in low-wage jobs, her narrative illustrates the compounded difficulties women face.

This intersectionality is crucial for understanding poverty through a nuanced lens. Tirado's work serves as a reminder that economic hardship is rarely a singular issue but often entangled with gender, race, and social class.

Key Themes and Features Explored in **Hand to Mouth**

1. The Reality of Low-Wage Work

Tirado's detailed accounts of working minimum-wage jobs expose the precarity and unpredictability inherent in such employment. She describes shifts that are exhausting and poorly compensated, leaving little room for savings or advancement. This depiction aligns with broader labor market data, which shows that millions of Americans earn wages insufficient to cover basic living expenses.

2. The Psychological Toll of Poverty

Beyond material hardship, **Hand to Mouth** delves into the psychological and emotional stresses that accompany poverty. Tirado writes candidly about anxiety, depression, and the constant fear of eviction or illness. This exploration adds depth to the understanding of poverty as not merely an economic condition but a holistic experience affecting mental health and social well-being.

3. Navigating Bureaucracy and Social Services

Another significant aspect of the book is Tirado's recounting of her interactions with social services. Her experiences highlight the complexity and often dehumanizing nature of welfare systems. The book critiques how bureaucratic hurdles can discourage or prevent people from accessing the assistance they need, underscoring systemic inefficiencies.

Pros and Cons of **Hand to Mouth** by Linda Tirado

Pros:

- **Authenticity**: Tirado's firsthand experience lends credibility and emotional weight.
- **Accessibility**: The book is written in straightforward language, making it approachable for a broad audience.
- **Myth-Busting**: Challenges harmful stereotypes about poverty and personal responsibility.
- **Intersectional Insight**: Addresses how gender and class intersect with poverty.
- **Emotional Impact**: Provides a visceral understanding of the mental and physical struggles involved.

Cons:

- **Subjectivity**: Some critics argue that the memoir's personal focus might limit the broader applicability of its conclusions.
- **Limited Policy Solutions**: While insightful, the book offers fewer concrete policy recommendations, focusing more on narrative than prescription.
- **Emotional Intensity**: The raw and sometimes bleak portrayal may be overwhelming for some readers.

Comparing **Hand to Mouth** with Other Poverty Narratives

When placed alongside other notable poverty memoirs, **Hand to Mouth** distinguishes itself by its unfiltered bluntness and emphasis on day-to-day survival rather than dramatic life changes or inspirational rags-to-riches stories. For example:

- Compared to Barbara Ehrenreich's **Nickel and Dimed**, which is a journalistic investigation into low-wage work, Tirado's memoir is more intimate and personal.
- Unlike J.D. Vance's **Hillbilly Elegy**, which has been critiqued for its focus on cultural explanations for poverty, Tirado centers structural and systemic factors.

This makes **Hand to Mouth** a valuable addition to the literature on poverty, especially for readers seeking a grounded, human perspective.

The Cultural Impact and Reception of *Hand to Mouth*

Since its publication, *Hand to Mouth* has sparked significant conversation around poverty and economic inequality in America. It has been praised by activists, sociologists, and readers for its unapologetic honesty and ability to humanize a demographic often stigmatized in media and political discourse.

The book's candid portrayal has also faced criticism from some quarters for its confrontational tone, but this has arguably amplified its relevance. It has become a resource for educators and advocates seeking to illustrate the realities of poverty beyond statistics and political rhetoric.

Final Thoughts on *Hand to Mouth* by Linda Tirado

Hand to Mouth by Linda Tirado stands as an essential narrative that challenges readers to confront uncomfortable truths about poverty and inequality. Its blend of personal memoir and social commentary offers an insightful, empathetic, and often unsettling look at what it means to live hand-to-mouth in modern America. The book's impact lies not only in its storytelling but also in its capacity to shift public perceptions and foster greater understanding of the systemic forces that trap millions in cycles of poverty. For those interested in poverty studies, social justice, or economic policy, Tirado's work remains a poignant and necessary read.

[Hand To Mouth By Linda Tirado](#)

hand to mouth by linda tirado: *Hand to Mouth* Linda Tirado, 2014-10-02 One of the Best 5 Books of 2014 — Esquire I've been waiting for this book for a long time. Well, not this book, because I never imagined that the book I was waiting for would be so devastatingly smart and funny, so consistently entertaining and unflinchingly on target. In fact, I would like to have written it myself – if, that is, I had lived Linda Tirado's life and extracted all the hard lessons she has learned. I am the author of *Nickel and Dimed*, which tells the story of my own brief attempt, as a semi-undercover journalist, to survive on low-wage retail and service jobs. Tirado is the real thing. —from the foreword by Barbara Ehrenreich, New York Times bestselling author of *Nickel and Dimed* We in America have certain ideas of what it means to be poor. Linda Tirado, in her signature brutally honest yet personable voice, takes all of these preconceived notions and smashes them to bits. She articulates not only what it is to be working poor in America (yes, you can be poor and live in a house and have a job, even two), but what poverty is truly like—on all levels. Frankly and boldly, Tirado discusses openly how she went from lower-middle class, to sometimes middle class, to poor and everything in between, and in doing so reveals why “poor people don't always behave the way middle-class America thinks they should.”

hand to mouth by linda tirado: *Persuasive Acts* Shari J. Stenberg, Charlotte Hogg, 2020-03-03 In June 2015, Bree Newsome scaled the flagpole in front of South Carolina's state capitol and removed the Confederate flag. The following month, the Confederate flag was permanently removed from the state capitol. Newsome is a compelling example of a twenty-first-century woman rhetor, along with bloggers, writers, politicians, activists, artists, and everyday social media users, who give new meaning to Aristotle's ubiquitous definition of rhetoric as the discovery of the “available means of persuasion.” Women's persuasive acts from the first two decades of the twenty-first century

include new technologies and repurposed old ones, engaged not only to persuade, but also to tell their stories, to sponsor change, and to challenge cultural forces that repress and oppress. *Persuasive Acts: Women's Rhetorics in the Twenty-First Century* gathers an expansive array of voices and texts from well-known figures including Hillary Rodham Clinton, Malala Yousafzai, Michelle Obama, Lindy West, Sonia Sotomayor, and Chimamanda Ngozi Adichie, so that readers may converse with them, and build rhetorics of their own. Editors Shari J. Stenberg and Charlotte Hogg have compiled timely and provocative rhetorics that represent critical issues and rhetorical affordances of the twenty-first century.

hand to mouth by linda tirado: Mensch bleiben in der Politik Clemens Sedmak, 2016-08-29
***Angaben zur beteiligten Person Wintersteiger: Wissenschaftlicher Mitarbeiter an der Universität Salzburg (Fachbereich Politikwissenschaft und Soziologie).

hand to mouth by linda tirado: The Shame Game O'Hara, Mary, 2020-02-27 What does it mean to be poor in Britain and America? For decades the primary narrative about poverty in both countries is that it has been caused by personal flaws or 'bad life decisions' rather than policy choices or economic inequality. This misleading account has become deeply embedded in the public consciousness with serious ramifications for how financially vulnerable people are seen, spoken about and treated. Drawing on a two-year multi-platform initiative, this book by award-winning journalist and author Mary O'Hara, asks how we can overturn this portrayal once and for all. Crucially, she turns to the real experts to try to find answers – the people who live it.

hand to mouth by linda tirado: Hunger Pains Garthwaite, Kayleigh, 2016-06-14 WINNER OF THE BRITISH ACADEMY PETER TOWNSEND PRIZE 2017 Welcome to Foodbank Britain, where emergency food provision is an increasingly visible and controversial feature of ongoing austerity. We know the statistics, but what does it feel like to be forced to turn to foodbanks for help? What does it take to get emergency food, and what's in the food parcel? Kayleigh Garthwaite conducted hundreds of hours of interviews while working in a Trussell Trust foodbank. She spoke to people like Anna and her 11 year old daughter Daisy who were eating out of date food since Anna left her job due to mental health problems. Glen explained the shame he felt using the foodbank having taken on a zero hours contract. Pregnant Jessica walked two miles to the foodbank because she couldn't afford public transport. This provocative book provides a much needed voice for foodbank users and volunteers in the UK, and a powerful insight into the realities of foodbank use from the inside.

hand to mouth by linda tirado: Television and Precarity Jasmin Humburg, 2020-03-06 Jasmin Humburg provides evidence of naturalist narrative strategies, tropes, and character variations in six contemporary American television series: *The Wire*, *Tremé*, *Shameless*, *Ozark*, *Orange is the New Black* and *2 Broke Girls*. The author investigates how poverty is negotiated through classic literary naturalism and contemporary televisual articulations, and how the latter may have been influenced by the former in the age of the Great Recession. By connecting literary studies, television studies, and concepts of social mobility, this project contributes to the field of new poverty studies.

hand to mouth by linda tirado: Revolutionary Recognition Richard Gunn, Adrian Wilding, 2020-12-10 *Revolutionary Recognition* represents a major contribution to contemporary political theory. It argues that human emancipation is only possible in a society characterised by 'mutual recognition'. In present-day political theory, the term 'recognition' has become popular and widely discussed, but has become synonymous with reformist scenarios, such as social democratic politics and the politics of identity. Richard Gunn and Adrian Wilding undertake a comprehensive critique of existing understandings of recognition, particularly those of Axel Honneth and Charles Taylor, returning 'recognition' to its original meaning in the work of Hegel and Marx, and showing how mutual recognition has revolutionary rather than merely reformist implications. Gunn's and Wilding's work is unapologetically political and introduces a new principle – 'mutual recognition' – around which radical politics can organise. This book is a ground-breaking contribution to left wing theory and is relevant as both a scholarly text and a rallying cry to the Left.

hand to mouth by linda tirado: American Apocalypse M.G. Montpelier, 2022-02-02

AMERICAN APOCALYPSE is a reflective commentary on the fifty-year Republican Assault on America from the 1971 Powell Republican political “dark money” offensive to save “Capitalism from Democracy” to the 2021 Republican violent Capitol Insurrection of January 6, 2021, to overturn the United States Constitution and the electoral will of the people. Yesterday’s America of prosperity for the many is today an America of prosperity for the few.” This will be America’s forever world of tomorrow should “We the People” allow a Republican “voter suppression” seizure of power succeed in 2022. The time is now “we” UNITE as a People of Liberty for an America of secure living-wage jobs, and an America of affordable healthcare, drug prices, and standard of living. The moment is here to END the Inequality, Corruption, and Violence that holds America hostage to the Republican legislative “trickle-down” tyranny of capital supremacy. The hour has come to DECLARE we are a patriotic people crying out for Equality, Truth, and Justice. Together in 2022 we must RESTORE Democracy to a “Land of the Free” longing for a “fair share” in an America of “Liberty and Justice for All.”

hand to mouth by linda tirado: Blaming the Poor Susan D. Greenbaum, 2015-07-01 In 1965, the late Senator Daniel Patrick Moynihan—then a high-ranking official in the Department of Labor—sparked a firestorm when he released his report “The Negro Family,” which came to be regarded by both supporters and detractors as an indictment of African American culture. *Blaming the Poor* examines the regrettably durable impact of the Moynihan Report for race relations and social policy in America, challenging the humiliating image the report cast on poor black families and its misleading explanation of the causes of poverty. A leading authority on poverty and racism in the United States, Susan D. Greenbaum dismantles Moynihan’s main thesis—that the so called matriarchal structure of the African American family “feminized” black men, making them inadequate workers and absent fathers, and resulting in what he called a tangle of pathology that led to a host of ills, from teen pregnancy to adult crime. Drawing on extensive scholarship, Greenbaum highlights the flaws in Moynihan’s analysis. She reveals how his questionable ideas have been used to redirect blame for substandard schools, low wages, and the scarcity of jobs away from the societal forces that cause these problems, while simultaneously reinforcing stereotypes about African Americans. Greenbaum also critiques current policy issues that are directly affected by the tangle of pathology mindset—the demonization and destruction of public housing; the criminalization of black youth; and the continued humiliation of the poor by entrepreneurs who become rich consulting to teachers, non-profits, and social service personnel. A half century later, Moynihan’s thesis remains for many a convenient justification for punitive measures and stingy indifference to the poor. *Blaming the Poor* debunks this infamous thesis, proposing instead more productive and humane policies to address the enormous problems facing us today.

hand to mouth by linda tirado: Social Justice and the Power of Compassion Marguerite Guzman Bouvard, 2016-07-11 *Social Justice and the Power of Compassion* looks at how a single person, or a small organization, working at the grassroots level can make great strides in helping the marginalized and disenfranchised. Marguerite Guzman Bouvard weaves the personal stories of the founders and directors of such organizations as the Polaris Project, MADRE, and the Harpswell Foundation to show how they have dealt with social problems of many kinds that have been invisible for too long. From dealing with climate change to giving housing and giving medical care to the homeless these people and their organizations have created models that have been replicated around the country and successfully given widespread attention to these important issues.

hand to mouth by linda tirado: On the Job Heather Akou, 2024-02-22 Through a variety of archival documents, artefacts, illustrations, and references to primary and secondary literature, *On the Job* explores the changing styles, business practices, and lived experiences of the people who make, sell, and wear service-industry uniforms in the United States. It highlights how the uniform business is distinct from the fashion business, including how manufacturing developed outside of the typical fashion hubs such as New York City; and gives attention to the ways that various types of employers (small business, corporate, government and others) differ in their ambitions and regulations surrounding uniforms. *On the Job* sheds new light on an understudied yet important field

of dress and clothing within everyday life, and is an essential addition to any fashion historian's library, appealing to all those interested in material culture, the service industry, heritage and history.

hand to mouth by linda tirado: Necroculture Charles Thorpe, 2016-06-24 In this book, the author draws on Karl Marx's writings on alienation and Erich Fromm's conception of necrophilia in order to understand these aspects of contemporary culture as expressions of the domination of the living by the dead under capitalism. Necroculture is the ideological reflection and material manifestation of this basic feature of capitalism: the rule of dead capital over living labor. The author argues that necroculture represents the subsumption of the world by vampire capital.

hand to mouth by linda tirado: The Best of Times, The Worst of Times Michael Burleigh, 2017-11-02 In the decades since the end of the Second World War, it has been widely assumed that the western model of liberal democracy and free trade is the way the world should be governed. However, events in the early years of the twenty-first century – first, the 2003 war with Iraq and its chaotic aftermath and, second, the financial crash of 2008 – have threatened the general acceptance that continued progress under the benign (or sometimes not so benign) gaze of the western powers is the only way forwards. And as America turns inwards and Europe is beset by austerity politics and populist nationalism, the post-war consensus looks less and less secure. But is this really the worst of times? In a forensic examination of the world we now live in, acclaimed historian Michael Burleigh sets out to answer that question. Who could have imagined that China would champion globalization and lead the battle on climate change? Or that post-Soviet Russia might present a greater threat to the world's stability than ISIS? And while we may be on the cusp of still more dramatic change, perhaps the risks will – in time – bring not only change but a wholly positive transformation. Incisive, robust and always insightful, *The Best of Times, The Worst of Times* by Michael Burleigh is both a dazzling tour d'horizon of the world as it is today and a surprisingly optimistic vision of the world as it might become.

hand to mouth by linda tirado: Get It Together Zoe Williams, 2015-04-02 Whether we have children or not we all want the future to be fairer and happier; and Zoe Williams believes that we need to make that happen collectively. *GET IT TOGETHER* is a rousing call to arms for us all to play our part in creating a more equal society. Zoe believes that it's not enough to sit back and watch as our NHS slides away from us; as the young and low earners are forced out of London; as hundreds of thousands of people nationally drift into poverty; as education becomes increasingly divided and as the wealthiest five people in Britain earn more than the poorest 20%. Zoe will address key questions including: has the NHS had its day; has an immigrant stolen your job; have you ever wondered why you can't afford a house; and who got us into this mess anyway? She will then offer up, in answer, a combination of fact, opinion and debate that will be as inspiring as it is important. Zoe Williams brings together here all the arguments that occupy the current political landscape and shows us that on all levels, it's lunacy to be anything other than left-wing unless you're actually already an oligarch. She offers us the debate in a truly entertaining way – she's pacy, conversational and funny. This is a road map for a better future that will be a major part of the debate in the run up to the election next May.

hand to mouth by linda tirado: Cooperatives Confront Capitalism Peter Ranis, 2016-08-15 Cooperatives the world over are successfully developing alternative models of decision-making, employment and operation without the existence of managers, executives and hierarchies. Through case studies spanning the US, Latin America and Europe, including valuable new work on the previously neglected cooperative movement in Cuba, Peter Ranis explores how cooperatives have evolved in response to the economic crisis. Going further yet, Ranis makes the novel argument that the constitutionally enshrined principle of 'eminent domain' can in fact be harnessed to create and defend worker cooperatives. Combining the work of key radical theorists, including Marx, Gramsci and Luxemburg, with that of contemporary political economists, such as Block, Piketty and Stiglitz, *Cooperatives Confront Capitalism* provides what is perhaps the most far-reaching analysis yet of the ideas, achievements and wider historical context of the cooperative movement.

hand to mouth by linda tirado: *On the Clock* Emily Guendelsberger, 2019-07-16 Nickel and Dimed for the Amazon age, (Salon) the bitingly funny, eye-opening story of finding work in the automated and time-starved world of hourly low-wage labor After the local newspaper where she worked as a reporter closed, Emily Guendelsberger took a pre-Christmas job at an Amazon fulfillment center outside Louisville, Kentucky. There, the vending machines were stocked with painkillers, and the staff turnover was dizzying. In the new year, she travelled to North Carolina to work at a call center, a place where even bathroom breaks were timed to the second. And finally, Guendelsberger was hired at a San Francisco McDonald's, narrowly escaping revenge-seeking customers who pelted her with condiments. Across three jobs, and in three different parts of the country, Guendelsberger directly took part in the revolution changing the U.S. workplace. Offering an up-close portrait of America's actual essential workers, *On the Clock* examines the broken social safety net as well as an economy that has purposely had all the slack drained out and converted to profit. Until robots pack boxes, resolve billing issues, and make fast food, human beings supervised by AI will continue to get the job done. Guendelsberger shows us how workers went from being the most expensive element of production to the cheapest - and how low wage jobs have been remade to serve the ideals of efficiency, at the cost of humanity. *On the Clock* explores the lengths that half of Americans will go to in order to make a living, offering not only a better understanding of the modern workplace, but also surprising solutions to make work more humane for millions of Americans.

hand to mouth by linda tirado: How People Matter Isaac Prilleltensky, Ora Prilleltensky, 2021-06-17 Mattering, which is about feeling valued and adding value, is essential for health, happiness, love, work, and social well-being. We all need to feel valued by, and add value to, ourselves, others, co-workers, and community members. This book shows not only the signs, significance, and sources of mattering, but also presents the strategies to achieve mattering in our personal and professional lives. It uses research-based methods of change to help people achieve a higher sense of purpose and a deeper sense of meaning. Each chapter gives therapists, managers, teachers, parents, and healthcare professionals the tools needed to optimize personal and collective well-being and productivity. The volume explains how promoting mattering within communities fosters wellness and fairness in equal measure. By using the new science of feeling valued and adding value, the authors provide a guide to promoting happier lives and healthier societies.

hand to mouth by linda tirado: The Social Psychology of Inequality Jolanda Jetten, Kim Peters, 2019-10-31 Economic inequality has been of considerable interest to academics, citizens, and politicians worldwide for the past decade-and while economic inequality has attracted a considerable amount of research attention, it is only more recently that researchers have considered that economic inequality may have broader societal implications. However, while there is an increasingly clear picture of the varied ways in which economic inequality harms the fabric of society, there is a relatively poor understanding of the social psychological processes that are at work in unequal societies. This edited book aims to build on this emerging area of research by bringing together researchers who are at the forefront of this development and who can therefore provide timely insight to academics and practitioners who are grappling with the impact of economic inequality. This book will address questions relating to perceptions of inequality, mechanisms underlying effects of inequality, various consequences of inequality and the factors that contribute to the maintenance of inequality. The target audiences are students at advanced undergraduate or graduate level, as well as scholars and professionals in the field. The book fills a niche of both applied and practical relevance, strongly emphasizing theory and integration of different perspectives in social psychology. Given the broad interest in inequality within the social sciences, the book will be accessible to sociologists and political scientists as well as social, organizational, and developmental psychologists. The insights brought together in *The Social Psychology of Inequality* will contribute to a broader understanding of the far-reaching costs of inequality for the social health of a society and its citizens. This edited volume brings together cutting-edge social psychological research addressing one of the most pressing issues of our times - economic

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